

Table 2. Meta-analysis for the comparison between slow x comfortable speeds for the children.

| Outcome Measures | # studies | ES | CI lower | CI upper | SE | Q | I² | p-value |
|--------------------------------------|------------------|-----------|-----------------|-----------------|-----------|----------|----------------------|----------------|
| <i>Gait parameters</i> | | | | | | | | |
| Cadence | 2 | -3.61 | -4.02 | -3.20 | 0.21 | 0.03 | 0.0% | <0.001* |
| Step Length | 2 | -3.29 | -3.68 | -2.90 | 0.20 | 0.54 | 0.0% | <0.001* |
| Stride Length | 1 | -3.22 | -3.92 | -2.52 | 0.36 | 0.00 | 0.0% | <0.001* |
| Stance Duration | 1 | 0.59 | 0.29 | 0.88 | 0.15 | 0.00 | 0.0% | <0.001* |
| <i>Joint angles</i> | | | | | | | | |
| Hip Flexion | 1 | -0.80 | -1.11 | -0.48 | 0.16 | 0.00 | 0.0% | <0.001* |
| Knee Flexion | 1 | -1.34 | -1.68 | -1.00 | 0.17 | 0.00 | 0.0% | <0.001* |
| Ankle Dorsiflexion | 1 | 0.34 | 0.03 | 0.64 | 0.16 | 0.00 | 0.0% | 0.031* |
| Ankle Plantarflexion | 1 | -1.14 | -1.46 | -0.81 | 0.17 | 0.00 | 0.0% | <0.001* |
| <i>Joint moments</i> | | | | | | | | |
| Hip Flexion | 1 | -1.70 | -2.06 | -1.35 | 0.18 | 0.00 | 0.0% | <0.001* |
| Knee Extension | 1 | -1.52 | -1.87 | -1.18 | 0.18 | 0.00 | 0.0% | <0.001* |
| Knee Abduction | 1 | -0.16 | -0.47 | 0.14 | 0.16 | 0.00 | 0.0% | 0.289 |
| Ankle Plantarflexion | 1 | -0.60 | -0.91 | -0.29 | 0.16 | 0.00 | 0.0% | <0.001* |
| <i>Ground reaction forces</i> | | | | | | | | |
| Vertical1 Force | 2 | -1.21 | -1.44 | -0.99 | 0.12 | 0.00 | 0.0% | <0.001* |
| Vertical2 Force | 2 | -0.42 | -0.98 | 0.13 | 0.28 | 6.88 | 85.5% | 0.137 |
| Braking Force | 2 | -2.00 | -2.47 | -1.52 | 0.24 | 3.37 | 70.3% | <0.001* |
| Propulsive Force | 2 | -2.98 | -4.10 | -1.86 | 0.57 | 13.08 | 92.4% | <0.001* |